



Food and Agriculture  
Organization of the  
United Nations



World Food  
Programme



World Health  
Organization



**Food is not known to transmit  
COVID-19. Enjoy your food to maintain  
good physical and mental health.**



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**Clean hands, utensils and surfaces  
when preparing meals.**



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# Wash your hands frequently! This is good for food safety and good for your health.



## Before

## After



Eating  
and drinking



Handling food



Cooking and  
preparing food



TOILET



Touching dirty  
objects



Touching  
animals



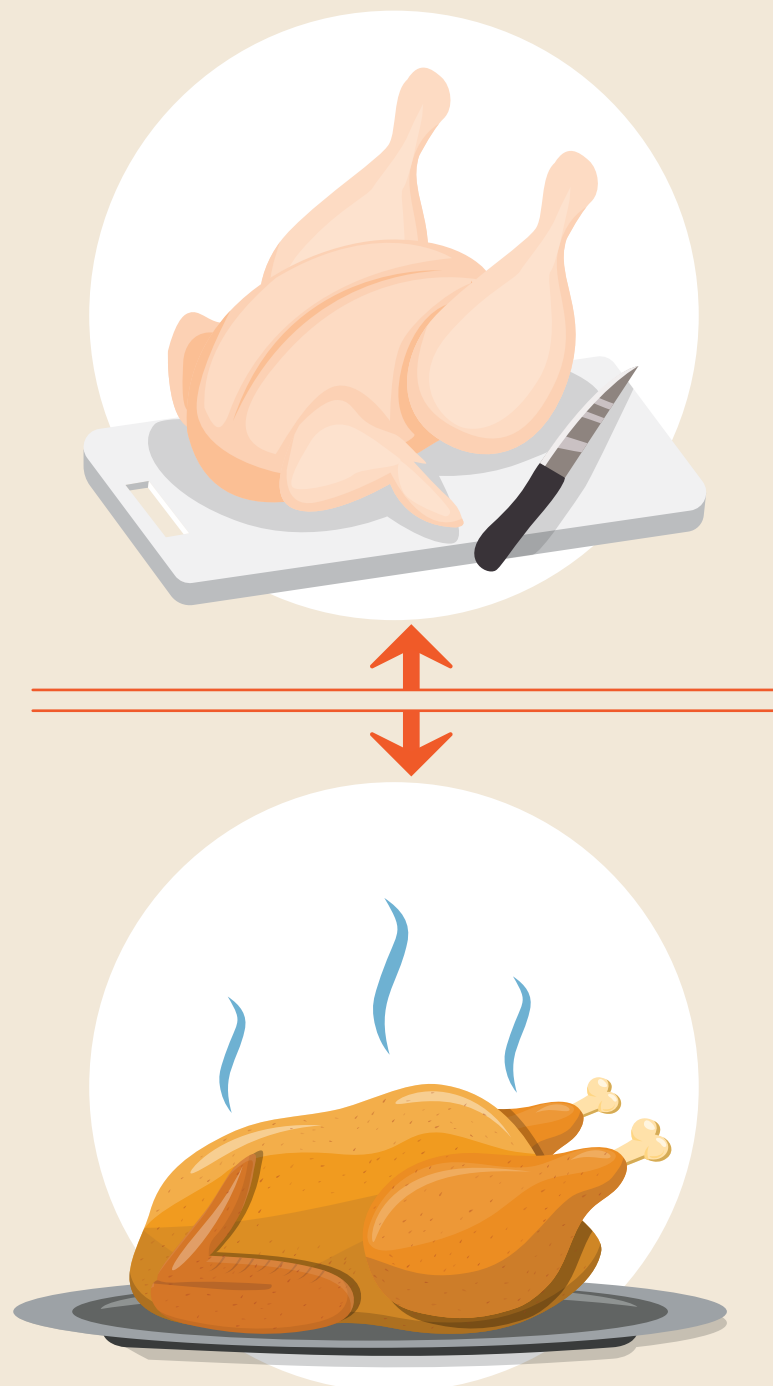
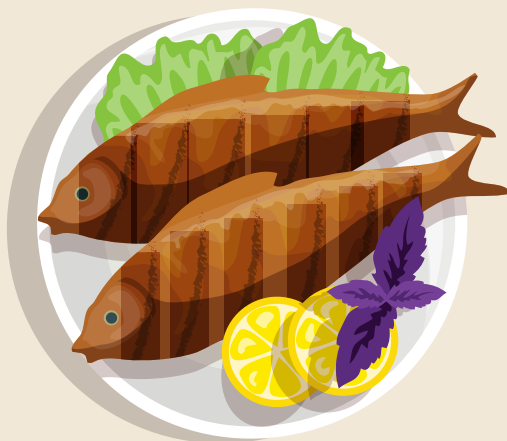
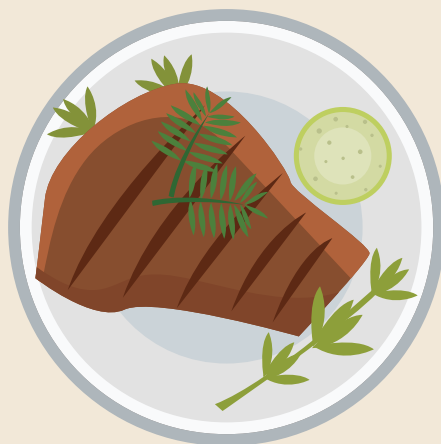
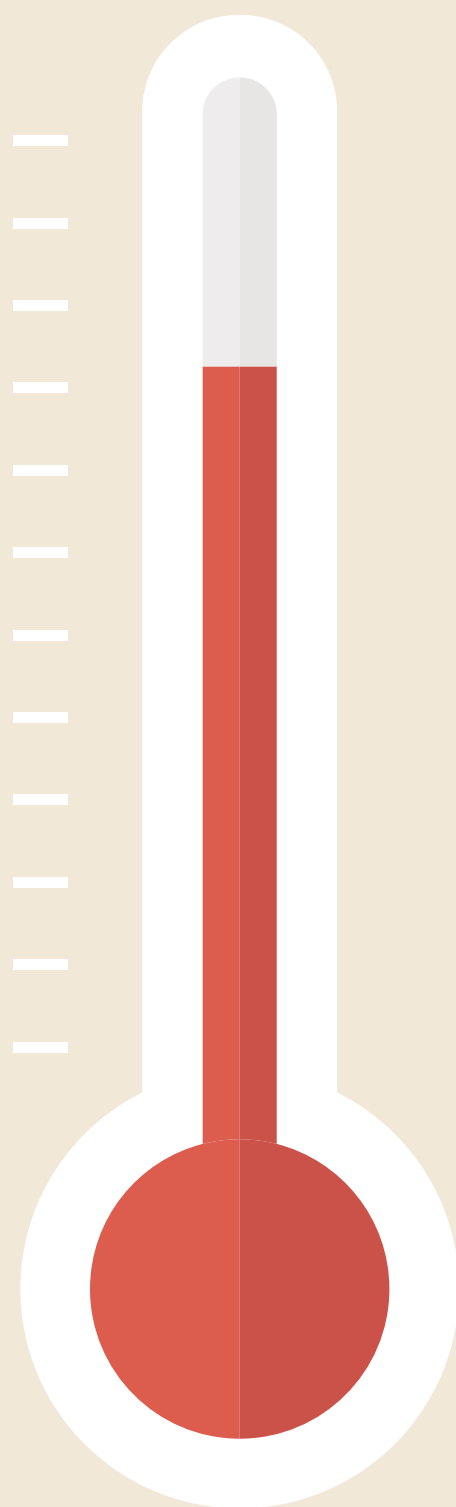
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**Cook food thoroughly.**  
**Separate raw and cooked foods.**



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**Food is not known to transmit  
COVID-19 and local and imported  
food is safe to eat.**



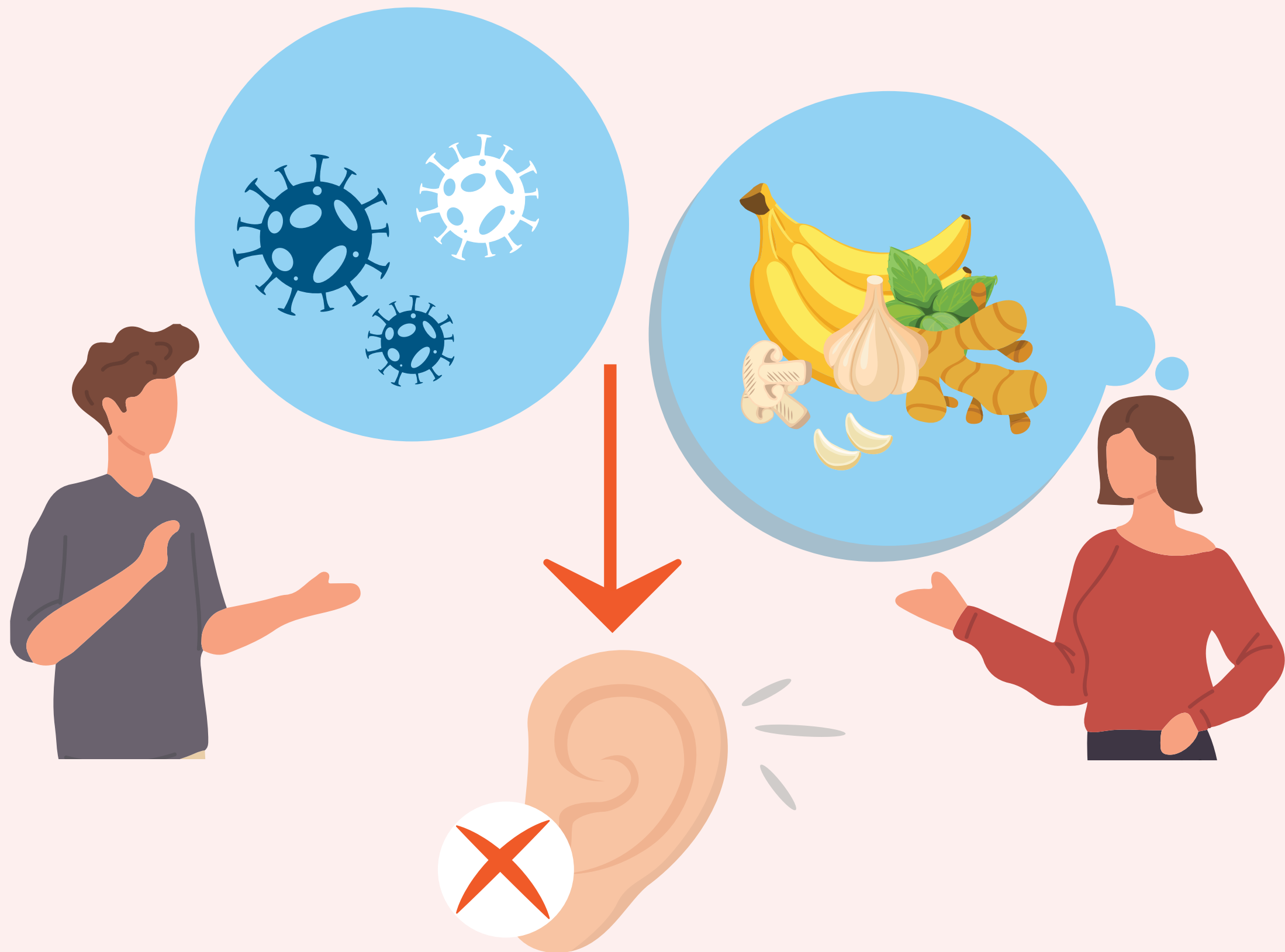
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**Ignore fake news. There is no  
scientific evidence that any food  
prevents or cures COVID-19.**